



11th
September
2024



Highlands Primary School

Meet the Teacher

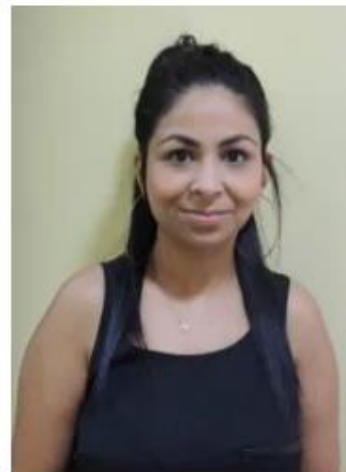


Year 2 Team

Class Leaders:



Mrs Qureshi



Mrs Karia



Mrs Monterio



Miss Greaves

Learning leader:



Mrs Matsell

Learning Coaches:



Mrs Qayum



Mrs Kaur



Mrs Rayat



Mrs Bains



Mrs Kumar

Lunchtime adults



Mrs Islam

Wider Highlands Team

The Wider Highlands Family



Dr K Atwal
Executive Head
Learning Leader



Mrs S Kaur
Associate Head
Learning Leader
Year 6 Learning
Leader



Mrs D Taylor
Learning Leader for SEN
Safeguarding Lead



Mrs V Seehra
Early Years and Y1
Learning Leader



Mrs L Matsell
Year 2, 3 and 4
Learning Leader



Mrs J Owen
Year 5
Learning Leader

The School Day

Doors open at **08:40am**

School begins at **8.50am** and finishes at **3.20pm**

Punctuality

'My child is only late by 10 minutes... that doesn't matter does it?'

It may seem like 10 minutes isn't really that much, but for the typical school day of 6.5 hours, a student who is 10 minutes late every day will miss **30 hours** of school time that year. That's the same as 6 full days of learning lost!



Attendance

Penalty fines can also be issued to families who accumulate a number of unauthorised absences within a fixed period of time.

If a child misses	that equals...	which is...	and over 13 years of school that's...
1 day per fortnight (90% attendance)	19 days per year	≈ 4 weeks per year	Nearly 1½ years
1 day per week (80% attendance)	38 days per year	≈ 8 weeks per year	Over 2½ years
2 days per week (60% attendance)	76 days per year	≈ 16 weeks per year	Over 5 years
3 days per week (40% attendance)	days per year	≈ 24 weeks per year	Nearly 8 years

PE Days

Please make sure your child comes to school in the correct PE kit on the days that they have PE.

Class	PE Days	
2Qu	Tuesday	Friday
2KM	Tuesday	Wednesday
2Gr	Tuesday	Friday



School Uniform Expectations

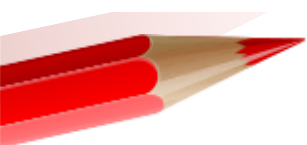
Uniform is sold online through SCOPAY where you will find a list of available sizes. We ask that you measure your child carefully before placing an order. Orders will be delivered to your child's class. If for any reason a item needs to be returned please contact uniform@highlandsprimary.net for assistance.



Highlands Primary School

Long Term Plan 2024/25

Year 2



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
English	The Tin Forest Recount Monologue Diary Postcard	The Great Fire of London Explanations Hansel and Gretel World Classic Literature	Bob's Bestest Ever Friend Short Story	Fox Narrative	Dr Barnardo and Mary Seacole Biographies and Information texts	The Boy Who Grew Dragons Narrative Short Story Recount
Reciprocal Reading	Little People, BIG DREAMS: Marcus Rashford		Revolting Rhymes: Jack and the Beanstalk	We are Wonders	Paddington Bear	In the woods
Maths	Year 1 ready to progress NPV & NF Number: Place Value Year 2 ready to progress NPV Year 1 ready to progress AS Number: Addition and Subtraction Year 2 ready to progress NF Year 2 ready to progress AS		Measurement: Money Number: Multiplication and Division Year 2 ready to progress MD Measurement: Length and height Measurement: Mass, capacity and temperature	Statistics Number: Fractions Geometry: Position and direction Measurement: Time		

The whole LTP document can be accessed via the school website.

Year 2 Curriculum

Home Learning

- We will set homework each week on **FRIDAY** and expect children to complete this by **WEDNESDAY**.
- Home learning will include: MyMaths, Spellings and either a writing/reading/topic/maths activity.
- Children are expected to read at home regularly and notes should be made by a grown up at home in their reading record which class leaders will check regularly.
- Children will be given a **set day** during the week to change their reading books. This will ensure that they have a new reading book to take home every week. Please support with this by **ensuring their reading record and reading book is inside their school bag every single day**.



Communication

- There are many ways to get in touch with our school if you have a query or need any support or advice.
- Telephone the school on **0208 544 0044**
- Email our school admin address which is checked daily
admin.highlands@redbridge.gov.uk



Class	Email address
2Qu	2qu@highlandsprimary.net
2KM	2km@highlandsprimary.net
2Gr	2gr@highlandsprimary.net

Blue Zone School

A Community programme to support the holistic health and wellbeing of our community.

- Research is showing the increasing numbers of young adults now being diagnosed with serious health conditions.
- Early research shows this is linked to escalating obesity rates, dietary habits, the increase in consumption of ultra processed food and lack of exercise and movement.
- 1 in 5 children in England aged 8-25 have a probable mental health disorder (2023).

What can you expect to see this year?



Where are the Blue Zone Areas?

Nutrition

A new approach

- Parental Engagement- , parent information sessions, workshops, family cooking.
- Cooking Club.
- Links made to blue zone health in the DT cooking curriculum
- Blue Zone Breakfast Club
- Links to local businesses
- Grow our own vegetables
- Blue Zone Shop

Every Day is healthy snack day at school. Ultra processed snacks are banned.



Movement

Moving around as much as possible!

- Walk to School Initiative
- Walking Bus
- Strong PE Curriculum
- Health and Fitness Buttress Hall
- Forest School
- Further clubs opportunities
- Movement Breaks



Connection

Strong relationships are key

- Friendships
- Wellbeing Committee
- Emotionally Consistent Classrooms and Adults
- Consistent Application of the Behaviour Policy
- Anti Bullying
- Weekly Calls Home
- Strong RE Curriculum
- Lunchtime Library Spaces
- Community Events
- Global Classrooms

**PLEASE DO TALK TO US IF YOU
ARE WORRIED ABOUT
FRIENDSHIP ISSUES**

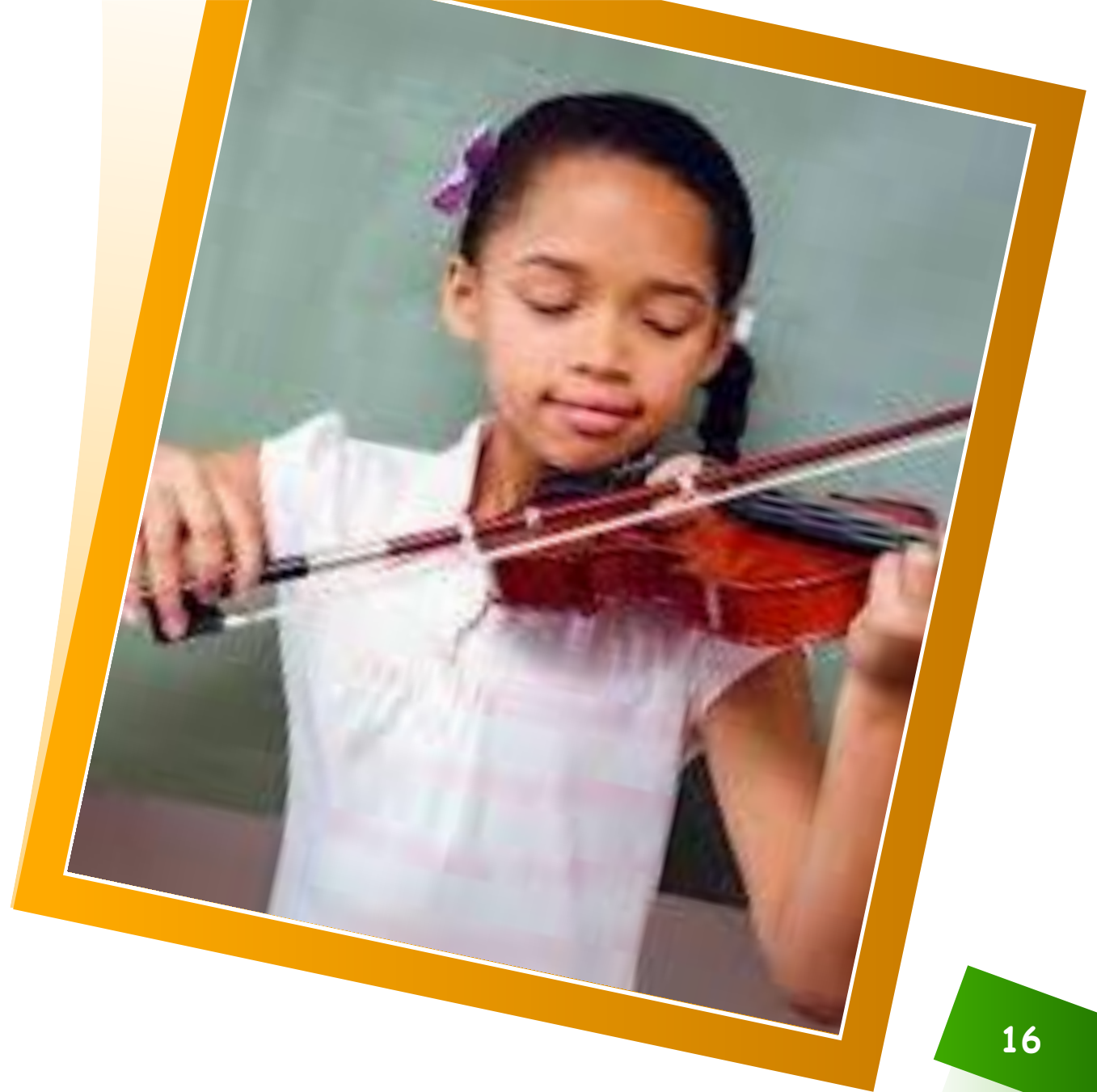


Purpose

Our school enables children to find their sense of purpose.

- Morning Gratitude Routines
- Talent Shows
- Rich curriculum opportunities
- Termly Talent Coaching and Reflection
- Rights Respecting School

Does your child struggle to share what they are great at?



Social Media

We must take more action to keep our children safe online

- This year our RRS Ambassadors will create a community charter for all families at Highlands and we will advise which sites and platforms are healthy and which all families will sign up to, to avoid. Together we can keep our children healthier and safer.



New RRS Community Charter

COMING OCTOBER 2024

- Our new Community Charter will include all actions that we advocate as a blue zone community school.
- This will incorporate: nutrition, movement, connection, purpose and social media safety.

TOGETHER WE CAN ACHIEVE GREAT THINGS



Home School Agreement

EXTRA-CURRICULAR CLUBS

- There are lots of spaces available for clubs.
- Please sign up and pay on SCOPAY
- You will find them on Trips and Visits

Highlands Primary School Extra-Curricular Timetable – Autumn Term

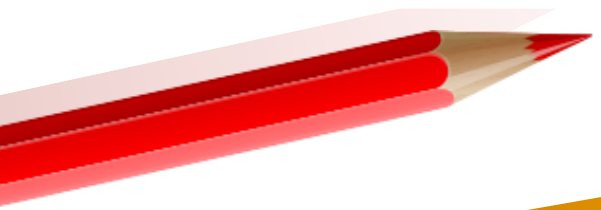
	Monday	Tuesday	Wednesday	Thursday	Friday
Before school	Gymnastics Y4-Y6 (Lloyd Hall) 7:45-8:45 External Provider				Gymnastics Y1-Y3 (Lloyd Hall) 7:45-8:45 External Provider
After school 3:30pm-4:30pm	Chess Y1-Y3 (ICT Room) Miss Landeryou £45.00 Dodgeball Y4-Y6 (Buttress Hall) External Provider Football Y1-Y2 (Buttress Hall) Mr Caesar £45.00 Mathlete Y3-Y4 1Ga Mrs Mulay	Badminton Y3-Y5 (Buttress Hall) Mr Choudhury £45.00 Chess Y4-Y6 ICT Room Miss Landeryou £45.00 Drama Club Y1-Y6 (Mallach Hall) Mrs Petlik & Ms Smith £45.00 French Club Y1-Y6 1Ga Ms Kaidoo £45.00 History Y4-Y6 5Ka Mrs Evans £45.00 Karate Y1-Y6 (Lloyd Hall) 3:30pm-4:50pm External Provider	Art Club Y1-Y6 (3Fi) Mrs Petlik £45.00 Dance Club Y4-Y6 (Lloyd Hall) External Provider Lego Club Y1-Y6 (ICT Room) Ms Kaidoo £45.00 Multi-Sports Y1-Y3 (Buttress Hall) External Provider	Computing Y1-Y2 (ICT Room) Ms Kaidoo £45.00 Football Y3-Y4 (Buttress Hall) Mr Caesar £45.00 Science Y4-Y6 (4Az) Mrs Khanom £45.00 Sign Language Y1-Y6 (2Qu) External Provider £70.00	Dance Club Y1-Y3 (Lloyd Hall) External Provider Football Y5-Y6 (Buttress Hall) Mr Caesar £45.00

2KM - Job share

- 2KM are lucky enough to have the experience of two wonderful teachers: Mrs Karia and Mrs Monteiro
- Mrs Karia will be in class on Monday, Tuesday and Friday.
- Mrs Monteiro will be in class on Wednesday and Thursday.
- Every Tuesday is our Year 2 planning time and **BOTH** teachers will be in the school premises in case of an emergency.

Year 2

- Children can bring in a healthy snack for the **first break**. E.g. Fruit/Vegetables/Crackers/Yoghurt
- Please ensure that all school uniform is labelled clearly with your child's name and class.
- Please also ensure that your child has a water bottle every day.



Thank You!

