



11th
September
2024



Highlands Primary School

Meet the Teacher



Year 1 Team



Lunchtime adults

Ms Amana



Wider Highlands Team

The Wider Highlands Family



Dr K Atwal
Executive Head
Learning Leader



Mrs S Kaur
Associate Head
Learning Leader
Year 6 Learning
Leader



Mrs D Taylor
Learning Leader for SEN
Safeguarding Lead



Mrs V Seehra
Early Years and Y1
Learning Leader



Mrs L Matsell
Year 2, 3 and 4
Learning Leader



Mrs J Owen
Year 5
Learning Leader

The School Day

Doors open at **08:45am**

School begins at **8.55am** and finishes at **3.20pm**

Punctuality

'My child is only late by 10 minutes... that doesn't matter does it?'

It may seem like 10 minutes isn't really that much, but for the typical school day of 6.5 hours, a student who is 10 minutes late every day will miss **30 hours** of school time that year. That's the same as 6 full days of learning lost!



Attendance

Penalty fines can also be issued to families who accumulate a number of unauthorised absences within a fixed period of time.

If a child misses	that equals...	which is...	and over 13 years of school that's...
1 day per fortnight (90% attendance)	19 days per year	≈ 4 weeks per year	Nearly 1½ years
1 day per week (80% attendance)	38 days per year	≈ 8 weeks per year	Over 2½ years
2 days per week (60% attendance)	76 days per year	≈ 16 weeks per year	Over 5 years
3 days per week (40% attendance)	days per year	≈ 24 weeks per year	Nearly 8 years

PE Days

Please make sure your child comes to school in the correct PE kit on the days that they have PE.

Class	PE Days	
1AN	Friday	Thursday
1HA	Wednesday	Thursday
1GA	Tuesday	Thursday



School Uniform Expectations

Uniform is sold online through SCOPAY where you will find a list of available sizes. We ask that you measure your child carefully before placing an order. Orders will be delivered to your child's class. If for any reason a item needs to be returned please contact uniform@highlandsprimary.net for assistance.



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
English	Retelling of a story Texts: All are Welcome, Giraffes Can't Dance, The Lion inside	Recount Letter- describing their favourite toy Text: Lost in the Toy Museum, Traction man	Narrative: Short Story Text: The paper bag princess	Narrative: Short story and sequencing Text: We're going on a bear hunt and we're going on a lion hunt	Narrative – Rewriting the story Texts: Snail and the whale Non-fiction books about sea creatures	Letter writing Text: Clean up
Reciprocal Reading	Beegu	The Day The Crayons Quit	Winters child	Winters child	Into the woods	Into the woods
Maths	Number: Place Value (within 10) Number: Addition and Subtraction (within 10) Year 1 ready to progress NF- 1 Geometry: Shape Year 1 ready to progress		Number: Place Value (within 20) Number: Addition and Subtraction (within 20) Year 1 ready to progress AS Number: Place Value (within 50) Measurement: Length & Height Measurement: Weight & Volume		Number: Multiplication & Division Year 1 ready to progress NF- 2 Number: Fractions Geometry: Position & Direction Place Value (within 100) Year 1 ready to progress NPV & NF Measurement: Money Measurement: Time	
Science	Humans	Everyday Materials	Seasonal Changes	Plants	Animals	



Year 1 Curriculum

Home Learning

- We will set homework each week on Friday's and expect children to complete this by Tuesday.
- Home learning will include a mix of physical and online homework (Purple Mash).
- Children are expected to read at home regularly and notes should be made in their reading record which class leaders will check regularly. Children will be given a Bug club login by half term.



Communication

- There are many ways to get in touch with our school if you have a query or need any support or advice.
- Telephone the school on **0208 544 0044**
- Email our school admin address which is checked daily
admin.highlands@redbridge.gov.uk



Class	Email address
1An	1an@highlandsprimary.net
1Ga	1ga@highlandsprimary.net
1Ha	1ha@highlandsprimary.net

Blue Zone School

HPS is moving towards into becoming a Blue Zone school.

Blue Zone is a community programme to support the holistic health and wellbeing of our community.

- Research is showing the increasing numbers of young adults now being diagnosed with serious health conditions.
- Early research shows this is linked to escalating obesity rates, dietary habits, the increase in consumption of ultraprocessed food and lack of exercise and movement.
- 1 in 5 children in England aged 8-25 have a probable mental health disorder (2023).

What can you expect to see this year?



Where are the Blue Zone Areas?

Nutrition

There is a lot of opportunity for everyone to get involved...

- Parental Engagement- , parent information sessions, workshops, family cooking.
- Cooking Club.
- Links made to blue zone health in the DT cooking curriculum
- Blue Zone Breakfast Club
- Links to local businesses
- Grow our own vegetables
- Blue Zone Shop

Every Day is healthy snack day at school. Ultra Processed snacks are banned.



Movement

- Walk to School Initiative
- Walking Bus
- Strong PE Curriculum
- Health and Fitness Buttress Hall
- Forest School
- Further clubs opportunities
- Movement Breaks



EXTRA-CURRICULAR CLUBS

- There are lots of spaces available for clubs.
- Please sign up by paying on SCOPAY which automatically secures a place for your child.
- You will find them on Trips and Events

Highlands Primary School Extra-Curricular Timetable – Autumn Term

	Monday	Tuesday	Wednesday	Thursday	Friday
Before school	Gymnastics Y4-Y6 (Lloyd Hall) 7:45-8:45 External Provider				Gymnastics Y1-Y3 (Lloyd Hall) 7:45-8:45 External Provider
After school 3:30pm-4:30pm	Chess Y1-Y3 (ICT Room) Miss Landeryou £45.00 Dodgeball Y4-Y6 (Buttress Hall) External Provider Football Y1-Y2 (Buttress Hall) Mr Caesar £45.00 Mathlete Y3-Y4 2KM Mrs Mulay	Badminton Y3-Y5 (Buttress Hall) Mr Choudhury £45.00 Chess Y4-Y6 ICT Room Miss Landeryou £45.00 Drama Club Y1-Y6 (Mallach Hall) Mrs Petlik & Ms Smith £45.00 French Club Y1-Y6 1Ga Ms Kaidoo £45.00 History Y4-Y6 5Ka Mrs Evans £45.00 Karate Y1-Y6 (Lloyd Hall) 3:30pm-4:50pm External Provider	Art Club Y1-Y6 (3Fi) Mrs Petlik £45.00 Dance Club Y4-Y6 (Lloyd Hall) External Provider Lego Club Y1-Y6 (ICT Room) Ms Kaidoo £45.00 Multi-Sports Y1-Y3 (Buttress Hall) External Provider	Computing Y1-Y2 (ICT Room) Ms Kaidoo £45.00 Football Y3-Y4 (Buttress Hall) Mr Caesar £45.00 Science Y4-Y6 (4Az) Mrs Khanom £45.00 Sign Language Y1-Y6 (2Qu) External Provider £70.00	Dance Club Y1-Y3 (Lloyd Hall) External Provider Football Y5-Y6 (Buttress Hall) Mr Caesar £45.00

Connection

Strong relationships are key

- Friendships
- Wellbeing Committee
- Emotionally Consistent Classrooms and Adults
- Consistent Application of the Behaviour Policy
- Anti Bullying
- Strong RE Curriculum
- Lunchtime Library Spaces
- Community Events
- Birthday treats and snacks



Purpose

Our school enables children to find their sense of purpose.

- Morning Gratitude Routines
- Talent Shows
- Rich curriculum opportunities
- Termly Talent Coaching and Reflection
- Rights Respecting School

Does your child struggle to share what they are great at?



New RRS Community Charter

COMING OCTOBER 2024

- Our new Community Charter will include all actions that we advocate as a blue zone community school.
- This will incorporate: nutrition, movement, connection, purpose and social media safety.



Home School Agreement

Social Media

We must take more action to keep our children safe online

- This year our RRS Ambassadors will create a community charter for all families at Highlands and we will advise which sites and platforms are healthy and which all families will sign up to, to avoid. Together we can keep our children healthier and safer



Weekly £1 fund

Please could you use our online system or bring in £1.00 on Mondays to donate £1.00 each week so we can buy extra things to make learning exciting, such as ingredients for cooking, beads and sequins for sticking and new toys to explore! You will have the option to donate weekly, or in advance e.g. £13 for a term or £39 for the year.





Any questions?

Thank You!