Volume 37
Issue 25
Friday 14th
June 2024

# Highlands Weekly



Dear Families,

This week we had our very special Y5 Show and Share assembly. As a school we are so proud of our festival celebration assemblies and know how much it means to our children to experience these special events. Year 5 showcased their learning to the community in the most mesmerizing way and spread the magic of Rights Respecting around the school. Our children always share how these assemblies promote inclusion, respect and belonging. Please see pictures of the special event below.





To our families that are celebrating Eid Al- Adha we wish you a peaceful and joyful celebration.

Article 2 (non-discrimination) The Convention applies to every child without discrimination, whatever their ethnicity, sex, religion, language, abilities or any other status, whatever they think or say, whatever their family background.

Article 14 (freedom of thought, belief and religion) Every child has the right to think and believe what they choose and also to practise their religion, as long as they are not stopping other people from enjoying their rights. Governments must respect the rights and responsibilities of parents to guide their child as they grow.

### DATES FOR YOUR DIARY

Thursday 20<sup>th</sup> June – individual photographs, rearranged from 17<sup>th</sup> June due to Eid-ul-Adha

Friday 21st June - Year 4 trip to Southend

Wednesday 26<sup>th</sup> June – NPM children on Farm trip all day. NAM closed, N30 in school

Wednesday 26<sup>th</sup> – Friday 28<sup>th</sup> June – Yr 6 Residential trip

Thursday 4th July - NURSERY CLOSED DUE TO GENERAL ELECTION

# **Attendance Update**

We would like to remind families of the NHS advice designed to support families to decide if your child is well enough to attend school. You can access this advice via the link below.

https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/

Please be aware that if your child is absent from school due to illness for 5 days or more we will ask families to provide medical evidence in order for us to be able to authorise the absence. If this is not provided then your child's absence may be recorded as unauthorised.

# **Birthday Celebrations**

We are aware that many families like to send in edible treats for their child's classmates to help them celebrate their birthdays. We would like to remind families that if you wish to do this then the treats that you provide need to be **individually wrapped** and **nut free** in line with our school's Nut Free policy. Any treats that are not individually wrapped will be returned to families, as we are unable to distribute these.

## Snacks

A reminder to families that if you send a snack into school with your child for break time, this must be a healthy snack, with an appropriate portion size. We currently have treat days twice a week which are on Mondays and Fridays. Even if children are having a special treat on these days please ensure it is a suitable portion size and not a full adult family size of cookies or crisps. An appropriate portion size for a child should fit in the palm of their hand. In such situations children will then be tempted to share and due to allergies in the school children are NEVER to share their snacks with friends. For Tuesday to Thursday please see the guidance and links below for some helpful ideas to prepare snacks.

If you are intending to send in healthy snacks with your child please limit them to the list below.

- Vegetable sticks such as celery, cucumber, peppers or carrot, a range of colour ensures different vitamins and minerals.
- A piece of cheddar cheese or Babybel
- A piece of fresh or dried fruit, high in soluble fibre and vitamins would also be a great snack– pineapple, mango, kiwi, plain raisins, apricots, blueberries, banana slices.
- Bread sticks, plain pretzels, banana bread, malt loaf, oat/rice cakes and small pitta breads are also good snacks, providing children with carbohydrate to sustain them in-between meals.
- Homemade snack flapjacks or other oat/whole grain based snack. <u>These must be</u> <u>nut free</u>. Items brought into school should be carefully checked by you, to ensure this. Highlands has pupils who are severely allergic to a range of nuts.

https://www.cspinet.org/protecting-our-health/nutrition/healthy-school-snacks

https://www.bbc.co.uk/food/articles/school lunch and snack ideas

# Redbridge HAF Scheme

We are pleased to inform you that the Summer Holiday Fun (HAF) programme will be taking place from **Monday 29th July and Thursday 22nd August 2024.** 

Redbridge HAF provides free activities and hot meals for children in Reception to Year 11, eligible for benefits-related Free School Meals and/or considered vulnerable by the Local Authority.

To have a place on this programme the school must refer your application on your behalf.

The eligibility criteria and referral policy can also be found on our website: Redbridge FiND | Redbridge Holiday Fun (HAF) Programme

If you would like the school to make a referral on your behalf please speak to your class leader as soon as possible.

For any other HAF related enquiries, please contact us at <a href="mailto:haf@redbridge.gov.uk">haf@redbridge.gov.uk</a>

# **Sports at Highlands**

On Tuesday 11th June, 30 children across Year 4 and Year 6 visited the Lee Valley Hockey and Tennis Centre to watch the Team GB Men's and Women's Hockey teams play their FIH Pro League matches. In an action packed first match, the Team GB Men's Team played against Spain, winning their game 2-1. The second game saw the Team GB Women's team play against China. Despite Team GB taking a 2-0 lead at half time, China fought back to make it 3-3 at full time. The game went to penalties where Team GB were able to secure a 2-1 victory! The children were able to take part in a few skill based activities such as 1v1 games and shooting into targets against a goalkeeper. Whilst we were watching the games, some of the players came to the stands and sat with the children to sign memorabilia and answer questions about their hockey careers and experiences! Overall it was a fantastic day out watching Team GB and taking in the atmosphere around the Olympic Park!





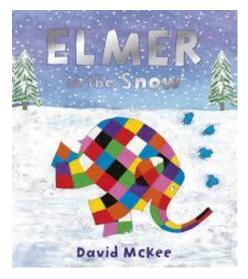


# **Curriculum in Action**

Take a look at our week of learning in action across the school.

## Oak Class

This week in Oak Class we have started our new story 'Elmer In The Snow'. The children have enjoyed the sensory play with fake snow. In PE, we started our preparations for Sports Day. The children practised racing and waiting for their turn. They are looking forward to Sports Day. In Maths, the children have been learning about time. The children looked at the structure of a clock and created their own clocks. This week we focused on o'clock and half past times. We also solved word problems about the days of the week and months of the year.





# **Nursery**

In the Nursery we were very busy this week. We retold the story 'Pink is for boys' and we have talked about our favourite colours and how everyone can do anything. At group

time, the children have been exploring with paint in pairs to learn what colour we can have when we mix two primary colours. The children have practised Maths Stories and they are now very confident in it. We have been practising our independence skills to take jumpers, shoes and socks off and put them on during Sticky Kids. The children have continued working on their blending and segmenting skills. We have been talking about changes in ourselves, observing our baby pictures and how we look now and looking for similarities and differences. We have been learning about Father's Day and Eid al-Adha and the children have made cards for their families. We wish everyone a lovely Father's Day and Eid Mubarak.



Have a good day.

## Reception

This week in Reception we have been learning all about fruit! We read the story book 'Oliver's Fruit Salad' which introduced us to different types of fruits. To learn more we then read non-fiction books to find out about where fruit comes from and how it is grown. We learnt that it takes a watermelon 90 days to grow! Finally at the end of the week we were excited to make our own fruit salad. We learnt how to use a knife and cutting board

to safely cut fruit on our own. We loved tasting all of the different flavours and using adjectives to describe them. In Phonics we have been learning to read words with the suffix -es. In Maths we have been solidifying our learning about 'more than' and 'fewer' than. Outside we embarked on a large junk modelling project where we used our creativity and imagination to make different models out of cardboard boxes.



#### Year 1

We would like to say a big well done to all of our Year 1 children for taking part in the Phonics Screening this week.

In Science, the children have been looking at lots of different animals and how they move. The children had lots of fun playing a game where they acted out the movements of various animals, such as slithering like a snake, stomping like an elephant. The children were able to compare the way different animals moved.

In RE, the children have been looking at the difference between magic and miracles. The children shared their thoughts and ideas and were showing their RRS values by being kind and respectful to their friends when sharing different ideas.

REMINDER: From next week there will be no phonics boosters for the rest of the term.

We hope you have a lovely weekend!

The Year 1 Team.

### Year 2

This week in Year 2, the children have been continuing to read their English text, 'The Boy Who Grew Dragons'. They have been practising their summarising skills and did some role play to think about how the main character was feeling when he discovered a dragon in his bedroom. We then wrote a diary entry in the perspective of Tomas remembering to include a rhetorical question, similes and expanded noun phrases. We looked at improving our writing and used our blue pens to make our work better. In Maths, we have been learning how to use a key to read a pictogram. We have been comparing data on tables and answered word problems. In Art, as part of our learning in Kente printing, we have been using fruits and vegetables to print different shapes. We will be transferring these skills to when we print on materials in the next few week. In Geography, we used our map skills to locate Jamaica and revisited our learning around the seven continents. Well done to the children who have been practising and memorising the rights of children. Please continue to practise these with your families.

#### Year 3

This week in Year 3, we had a fantastic time exploring the book "A Pebble in My Pocket." The children worked hard to write setting descriptions, bringing scenes to life with their creative words. They especially enjoyed using **personification** to give human qualities to non-human objects. Our Maths lessons this week have been full of exciting new concepts. The children have been learning to tell the time, focusing on minutes past an hour and minutes to an hour using analogue clocks. They have also been introduced to the concepts of **AM and PM**, helping them understand the 24-hour day. In addition to mastering time telling, the children explored the **days in each month** and discovered the special occurrence of **leap years**. Our budding mathematicians are doing an amazing job, and we are proud of their hard work and enthusiasm!

This week for Geography, we have explored how mountains are formed. The children learned about the different processes that create mountains, such as tectonic plate movements, volcanic activity, and erosion. We discussed how the Earth's crust is made up of large pieces called tectonic plates, and how these plates can push against each other, causing the land to rise and form mountains. The children were fascinated to learn about volcanic mountains, formed by erupting lava, and fold mountains, created when two plates collide and fold up. For History, we visited Queen Elizabeth Olympic Park to explore the impact of regeneration. This site, transformed for the 2012 London Olympics, showcased how urban renewal can revitalize a region. We observed how the development has spurred economic growth, improved infrastructure, and created green spaces, benefiting local communities and setting a model for future regeneration projects worldwide.















#### Year 4

This week, in English we have been looking at the characters in the Malamander book, analysing Boathook and Violet Parma's personality traits and appearance using adjectives and similes.

In Maths last year children learnt to add and subtract money. The children have been looking at calculating with money and solving problems with money. This week they have extended their learning even further to include multiplying and dividing with money.

In Art, the children used a range of tools to carve out soap. They will be designing their own volcano soap sculpture and putting it together as a class similar to the artist Peter Root.

In French, they looked at expressing likes, dislikes and preferences and saying the words for different music genres. The children carried out a Music genres survey. The children were allowed time to go round the class and complete their survey, then came back together to feed back the results.

## Year 5

We really enjoyed sharing our assemblies this week. We learned a lot about how and why Muslims celebrate the special festival of Eid al-Adha.

In our English learning, we have been talking about why people read and write poems. We have created a toolbox of language devices that poets use, for example imagery, metaphor, personification and onomatopoeia. We analysed different poems and identified the different features used. We also listened to The Playground by Hussain Manawer. This poem is really special to us because Hussain used to be a pupil at Highlands School. In our Maths learning, we have been exploring symmetry and identifying lines of symmetry in polygons. Lots of us were surprised that a rectangle only had two lines of symmetry. We practised reflecting shapes in horizontal and vertical mirror lines. We had to count the squares carefully to plot the coordinates in the mirror line.

In our French learning, we have been learning vocabulary for different family members. We have been practising saying how many brothers and sisters we have or whether we are an only child. We learned that in French the words for 'my' depends on the gender of the noun; mes parents, mon pere, ma mere. We also learned that in French you say 'the mother of my father is my grandmother' instead of 'my father's mother is my grandmother'.







#### Year 6

This week in year 6, we have had another hard working week. Children have been enjoying reading our new English text 'Dead Man's Cove'. They have been asking questions to deepen their understanding of the text as well as using their inference skills to explore characters further. We look forward to reading more over the term. In our D.T lessons, children have been taking part in market research and have looked into different pencil case designs which will be their end product. They have looked into existing designs and seen what the target market prefers, they have begun designing their products based on their research. Children are excited to begin making this product in the upcoming weeks.

In addition, in our R.E lessons this week, children have been exploring the importance of moral ethics and how we use them in our everyday lives. Children also explored different charities that we have in our society such as Khalsa Aid and shelter homes that have important moral ethics to help the community. It was great to see children have insightful discussions regarding this. Well done for another great week Year 6!

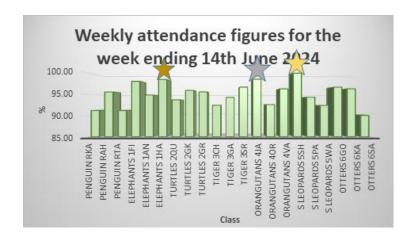




# **Attendance**

Total school attendance for this week is 95.07 %

This week's attendance figures (10.6.24-14.6.24) are as follows:-



Well done! to all 3 classes, especially to 5SH achieving 100% I hope you all have a lovely weekend

# **Birthdays**

Happy Birthday to those children celebrating this week – they will have received their birthday card from the Highlands Family.

